

DIAPER RESOURCES

ABBA (A Women's Resource Center):

1250 Forest Ave, 2nd Floor, Portland, ME 04101
207-253-5555 Monday-Thursday 10:00 am – 4:00 pm

Offers diapers and other parenting supplies. Has 9 different programs including the “Learn and Earn” program where attendees (must have some English proficiency) can attend a variety of classes and earn points which they can redeem for diapers and other items at their clothing/supply boutique. Or participants can save up their points and access Baby's R Us or other locations for supplies and items needed for their child.

Interpreters only available for medical screenings and not class participation.

Cuddle Me Program:

www.cuddlemeprogram.corg

Offer free baby items such as diapers, wipes, formula, and baby clothes when available to those who are income eligible. You must be referred by a social service agency, church, or by calling 211 from Maine. You can also seek assistance by completing an application on their website. Click on the “Get Help” link at the top of their website page or call their main office in Florida at 772-242-8045.

Jewish Family Services Food Bank and Diaper Bank:

57 Ashmont Street, Portland, ME 04103
207-772-1959

Call to schedule a time for pick up between 9:15 am - 5:15 pm, Monday through Friday.

Life Essentials:

51 Landry Circle, South Portland, ME 04106

Life Essentials is a community center open to South Portland residents. Life Essentials has a diaper bank as well as free bread on Thursdays from 1:30 pm - 3:30 pm, a clothing closet the 3rd Thursday of every month for adults and children, and a by-appointment computer room that can be used for job and resource searching as well as for homework.

St. Elizabeth's Essentials Pantry at St. Luke's Cathedral:

143 State Street, Portland, ME 04101

207-772-5434

This pantry offers diapers as well as clothing, soap, toilet paper, feminine hygiene products, shampoo, laundry detergent, and deodorant. Tuesdays 9:30 am – 11:00 am.

Williston Emmanuel Baptist Church:

156 High Street, Portland, ME 04101

(Entrance is on Deering Place off Deering Street)

207-775-2301

Call ahead first. Thursdays 9:30am. Access by lottery. They are closed one Thursday per month.

South Portland Food Cupboard

130 Thadeus Street, South Portland, ME 04101

207-874-0379

The Food Cupboard is open Thursdays from 8:30 am – 11:30 am.
It is also open the first Wednesday of every month from 5:00 pm – 7 pm for those clients who work during the day and cannot access the Thursday morning operation.

Directions: Broadway heading towards the Maine Mall, once you pass Lincoln Street, take the second left onto Strout, then first left onto Thadeus, follow around the bend to a big warehouse building.