

Topic	South Portland		Cumberland		Maine		Sources
	#	%	#	%	#	%	
Population Ages							
Total Population	25,548		292,307		1,335,492		S0101 ACS 2019 5-year estimates
Total Households	10,856		120,644		559,921		S1101 ACS 2019 5-year estimates
Households w/one or more people 60+		38.90%		40.2%		45%	S1101 ACS 2019 5-year estimates
Householders over 65	2,795		32,674		166,782		B19037 ACS 2019 5-year estimates
Median Age	41.9		42.2		44.7		S0101 ACS 2019 5-year estimates
Under 18	4,578	17.9%	55,077	18.8%	252,498	18.9%	S0101 ACS 2019 5-year estimates
18-64	16,702	65.4%	185,097	63.3%	815,426	61.1%	S0101 ACS 2019 5-year estimates
20-49	10,107	39.6%	113,327	38.8%	473,994	35.5%	S0101 ACS 2019 5-year estimates
50-64	5,699	22.3%	64,249	22.0%	308,528	23.1%	S0101 ACS 2019 5-year estimates
60+	6,048	23.7%	72,049	24.6%	370,765	27.8%	S0101 ACS 2019 5-year estimates
65+	4,268	16.7%	52,133	17.8%	267,568	20.0%	S0101 ACS 2019 5-year estimates
Men	1,868	43.8%	22,835	43.8%	121,459	45.4%	S0101 ACS 2019 5-year estimates
Women	2,400	56.2%	29,298	56.2%	146,109	54.6%	S0101 ACS 2019 5-year estimates
50-59 year old	3,919	15.3%	44,333	15.2%	205,331	15.4%	S0101 ACS 2019 5-year estimates
60-69 year old	3,345	13.1%	38,162	13.1%	194,352	14.6%	S0101 ACS 2019 5-year estimates
70-79 year old	1,614	6.3%	21,371	7.3%	112,160	8.4%	S0101 ACS 2019 5-year estimates
80+	1,089	4.3%	12,516	4.3%	64,253	4.8%	S0101 ACS 2019 5-year estimates
Ratio of working age to older adults	3.91		3.55		3.05		For every older adult, there are X.XX working age adults (18-64/65+)
Veterans 65+	780	18.3%	9,280	17.8%	56,026	20.9%	S2101 ACS 2019 5-year estimates, universe is 65+
White alone	22,954	89.8%	268,151	91.7%	1,259,522	94.3%	B02001 ACS 2019 5-year estimates
Black/African American alone	1,100	4.3%	8,863	3.0%	18,468	1.4%	B02001 ACS 2019 5-year estimates

American Indian/Alaskan Native alone	88	0.3%	578	0.2%	8,660	0.6%	B02001 ACS 2019 5-year estimates
Asian alone	420	1.6%	6,350	2.2%	15,109	1.1%	B02001 ACS 2019 5-year estimates
Hawaiian/Pacific Islander alone	0	0.0%	34	0.0%	396	0.0%	B02001 ACS 2019 5-year estimates
Some other race	123	0.5%	1,091	0.4%	3,541	0.3%	B02001 ACS 2019 5-year estimates
Two or more races	863	3.4%	7,240	2.5%	29,796	2.2%	B02001 ACS 2019 5-year estimates
Income							
Median Household Income	\$69,290		\$73,072		\$57,918		DP03 ACS 2019 5-year estimates
65+ householder <50% median	1,078	38.6%	12,929	39.6%	61,020	36.6%	B19037 ACS 2019 5-year estimates, universe is 65+ householders
65+ householder <25% median	493	17.6%	5,671	17.4%	22,834	13.7%	B19037 ACS 2019 5-year estimates, universe is 65+ householders
Mean Household Income	\$87,097		\$95,943		\$76,227		DP03 ACS 2019 5-year estimates
Mean Social Security Income	\$19,283		\$19,736		\$18,648		DP03 ACS 2019 5-year estimates
Mean Retirement Income	\$30,445		\$27,267		\$24,421		DP03 ACS 2019 5-year estimates
65+ below 100% FPL	264	6.2%	3,943	7.6%	22,635	8.5%	S1701 ACS 2019 5-year estimates, universe is 65+
Men	63	23.9%	1,433	36.3%	7,830	34.6%	B17001 ACS 2019 5-year estimates
Women	201	76.1%	2,510	63.7%	14,805	65.4%	B17001 ACS 2019 5-year estimates
65+ with Medicaid	570	13.4%	6,392	12.3%	43,789	16.4%	C27007 ACS 2019 5-year estimates, universe is 65+

Elder Economic Security Index: Single, with mortgage, good health			\$33,336		\$30,768		elderindex.org
Elder Economic Security Index: Single, no mortgage, good health			\$22,896		\$21,912		elderindex.org
Elder Economic Security Index: Single, renter, good health			\$27,672		\$25,296		elderindex.org
Income required to qualify for SNAP (1 person HH, before taxes)	\$23,828		\$23,828		\$23,828		benefits.gov
Income required to qualify for Medicaid (1 person HH, before taxes)	\$17,131		\$17,131		\$17,131		benefits.gov
Housing							
65+ living alone	1,390	32.6%	14,941	28.7%	74,712	27.9%	B09020 ACS 2019 5-year estimates, universe is 65+
Men	425	30.6%	4,328	29.0%	23,566	31.5%	B09020 ACS 2019 5-year estimates, universe is 65+ living alone
Women	965	69.4%	10,613	71.0%	51,146	68.5%	B09020 ACS 2019 5-year estimates, universe is 65+ living alone
Median Income of 65+ men living alone	\$41,920		\$32,995		\$27,008		B19215 ACS 2019 5-year estimates
Median Income of 65+ women living alone	\$25,368		\$29,788		\$22,059		B19215 ACS 2019 5-year estimates
65+ living with spouse	977	22.9%	13,332	25.6%	70,507	26.4%	B09020 ACS 2019 5-year estimates, universe is 65+
65+ living with other relatives	123	2.9%	760	1.5%	3,509	1.3%	B09020 ACS 2019 5-year estimates, universe is 65+
65+ living with Parents/Parents-in- Law	188	4.4%	1,981	3.8%	9,553	3.6%	B09020 ACS 2019 5-year estimates, universe is 65+

65+ living with non-relatives	23	0.5%	229	0.4%	1,248	0.5%	B09020 ACS 2019 5-year estimates, universe is 65+
65+ living in group quarters	98	2.3%	1,918	3.7%	9,511	3.6%	B09020 ACS 2019 5-year estimates, universe is 65+
Grandparent 60+ responsible for grandchild <18	81	1.3%	494	0.7%	2,855	0.8%	B10052 ACS 2019 5-year estimates, universe is 60+
65+ own home	2,087	48.9%	25,146	48.2%	131,058	49.0%	B25007 ACS 2019 5-year estimates, universe is 65+
65+ own home with mortgage	827	39.6%	10,499	41.8%	47,207	36.0%	B25027 ACS 2019 5-year estimates
65+ own home with no mortgage	1,260	60.4%	14,647	58.2%	83,851	64.0%	B25027 ACS 2019 5-year estimates
65+ renting	708	16.6%	7,528	14.4%	35,724	13.4%	B25007 ACS 2019 5-year estimates, universe is 65+
Median home value	\$257,200		\$278,100		\$190,400		DP04 ACS 2019 5-year estimates
60+ Median monthly owner costs with mortgage			\$1,567		\$1,295		S0102 ACS 2019 5-year estimates
60+ Median monthly owner costs with no mortgage			\$650		\$508		S0102 ACS 2019 5-year estimates
60+ Owner Occupied Housing, spending 30% or more on housing			27%		25.40%		S0102 ACS 2019 5-year estimates
60+ Renter Occupied Housing, spending 30% or more on housing			45.20%		44.80%		S0102 ACS 2019 5-year estimates
65+ hhld, Age of home, 1999 or earlier (owner or renter occ)	2,523	90.3%	27,406	83.9%	142,424	85.4%	B25126 ACS 2019 5-year estimates, universe is 65+ householder
65+ hhld, Age of home, 1979 or earlier (owner or renter occ)	1,865	66.7%	18,891	57.8%	100,619	60.3%	B25126 ACS 2019 5-year estimates, universe is 65+ householder
Vacant housing units for seasonal, recreational, or occasional use	289		15,851		130,354		B25004 ACS 2019 5-year estimates

Food

60+ reporting food insecurity					28,106	7.80%	Sub-state level data not available due to research methodology limitations. Percentage from Feeding America: The State of Senior Hunger in America 2019 (2020 Release), number extrapolated
Number of people age 60+ eligible for SNAP					42,000	11.3%	FRAC & AARP Foundation, universe is 60+
Number of people age 60+ who receive SNAP					22,680	6.1%	FRAC & AARP Foundation, universe is 60+
SNAP households with at least one person 60+	373	39.8%	3,776	38.1%	29,993	39.8%	S2201 ACS 2019 5-year estimates
Older Americans Act food programs number of people served (congregate + home-delivered)			1,913		14,582		Meals on Wheels America Sept. 2020 Maine report, universe is 60+. OADS data
Commodity Supplemental Food Program (CSFP) total participation					8,331		State: USDA Food Distribution Program Table, universe is 60+. County: GSFB
Food pantry							GSFB
Health							
65+ Living with at least one disability (hearing, vision, cognitive, ambulatory, self-care, or independent living)	549	12.9%	7,153	13.7%	44,083	16.5%	C18108 ACS2019 5-year estimates, universe is 65+
65+ Cognitive Difficulty	183	4.4%	3,414	6.7%	20,411	7.9%	S1810 ACS 2019 5-year estimates, universe is 65+
65+ Ambulatory Difficulty	734	17.6%	7,918	15.7%	49,349	19.0%	S1810 ACS 2019 5-year estimates, universe is 65+
65+ Self-Care Difficulty	263	6.3%	2,826	5.6%	15,813	6.1%	S1810 ACS 2019 5-year estimates, universe is 65+

65+ Independent Living Difficulty	426	10.2%	5,177	10.2%	30,119	11.6%	S1810 ACS 2019 5-year estimates, universe is 65+
65+ Living with two or more disabilities	622	14.6%	7,297	14.0%	42,899	16.0%	C18108 ACS2019 5-year estimates, universe is 65+
Transportation							
65+ householder with no vehicle available	324	11.59%	3,509	10.74%	16,793	10.07%	B25045 ACS 2019 5-year estimates, universe is 65+ householders
Automobile Crashes involving driver 60+	195	19.38%	1846	19.09%	8,530	20.50%	Maine DOT public crash query tool
Falls							
Total EMS Calls in 2020	3,964						
EMS Calls for people over 60	1765	44.5%					
Lift Assists only, without a fall	6	0.3%					Universe is EMS calls for people 60+
Individual EMS calls for a fall* (private residences only)	426/8	24.1%					Could contain duplicate entries or duplicate people (same patient calling more than once). 8 calls were coded as "maybe"
Individual people who called for a fall	366	20.7%					Someone calling more than once has been removed
By Transport Status							
Transport	213	50.0%					Universe is individual EMS calls for a fall, may contain duplicates
No Transport	90	21.1%					Universe is individual EMS calls for a fall, may contain duplicates
Public and Agency Assist	108	25.4%					Universe is individual EMS calls for a fall, may contain duplicates
By Age							
60-69	82	19.25%					Universe is individual EMS calls for a fall, may contain duplicates

70-79	145	34.04%					Universe is individual EMS calls for a fall, may contain duplicates
80-89	137	32.16%					Universe is individual EMS calls for a fall, may contain duplicates
90-99	50	11.74%					Universe is individual EMS calls for a fall, may contain duplicates
100+	10	2.35%					Universe is individual EMS calls for a fall, may contain duplicates
By Cause, if Listed							
Bed	10						
Chair	7						
Other Furniture	4						
Cliff	0						
Stairs	12						
Ice/Snow	3						
Ladder	1						
One Level to Another	1						
Shower/Tub	2						
Toilet	1						
Slip/Trip/Stumble	53						
Other	47						