Minutes for April 14, 2021
5-7pm via Zoom

Call to Order: call to order
Members Present: Maxine Beecher, Sue Henderson, Tony Grande, Bernadette Kroon, Lisa Joyce, Carol Kilroy, Jena Grant, Kathleen Babeu, Karen Taylor, Chad MacLeod

Approval of Minutes from March, 2021: motion to approve by Jana, seconded by Chad, all approved. rt.

We are still waiting for clarification of Finance report from the City before seeking approval. Our records match the city’s except for the $500 dollar donation which was subtracted from our account to give to Social Services, but never added into our account. The money was directly deposited into the Social Service budget and never in ours. Request in to City Clerk to clarify.

Subcommittee reports

Communication: no report, Social Services is spending the $500 we recently allotted to their department for rides. She will ask for more as needed.

Kathleen is willing to still serve on the Committee after she retires.

Transportation: Tony in conjunction with members of the BikePed Committee and Lisa submitted a challenge grant application for $10000 to be used for safety improvements. Doug Howard offered in kind labor. Plans would include two crosswalk bump outs at St Cyr place and Angell and Preble; signage at crossings along the Greenbelt Trail and work on Chestnut Street and Greenbelt.

Housing: Chad will thank all volunteers. The Golden Shovel will go to Verbena. Chad will get the shovel, perhaps a plaque and a letter to award. A letter thanking people will be submitted to the Sentry.

Health and Community: Tai Chi Did You Know is running on SPTV. A Matter of Balance is now on SPTV!!!! On a specific time and day, this needs to be shared a lot!!!!

All members are required to do the Zoom on the Freedom of Access law on Thurs from 6:3- to 8:30.

Planning for the coming year:

Below is the color-coded list of Recommendations from the original report with their status, we had agree to continue projects in process.
We looked at the results of a survey of original recommendations not yet begun (see AFSP Objectives Brainstorming, Survey 2 Results) and also some new ideas.

The group expressed agreement that we would in relation to each domain:

**Open Space**: Tony to take the lead on “Create a walking event in partnership with Maine DOT and Bike-Ped Committee to promote awareness and establish community dialogue” (original recommendation #1a)

**Communication**: Do at Resource Directory for Seniors. Kathleen agreed to take this on. Seniors liked brochures that were done before the pandemic. The library may do technology training, we could promote.

**Civic Participation**: This recommendation needs further definition

**Community Support**: The data dashboard has two components related to falls. One is prevention and the other intervention. There is an educational component about actions that can be taken to prevent falls. There are interventions which include home modifications and helping people access classes on balance and strength building. It was felt that we should work with the Data Dashboard work. We are already working with Tai Chi at the Community Center and in a Did you Know and A Matter of Balance is now available on SPTV. A Did you Know could be done about Home Health to promote the value of a home health nurse in assessing both the resident and the home for fall prevention.
The SMAAA program will again be available through the Library which helps meet the system navigation recommendation (we could refinance).

**Housing:** The Data Dashboard’s Jess Mauer identified that South Portland Housing Authority would do a home assessment and do handyman type interventions such as grab-bars, larger work was recommended to be sent to Habitat for Humanity. It was not clear what role we might be asked to play. We know there is a need for a Handyman program.

We could also work with window dressers to help insulate windows, (we were talking about taxes and spending, money not spent on fuel can help with taxes. People can be referred to social service for help with heat and food. There may be a need for A Sentry article re help available re taxes and social service

**Respect and Social isolation:** We discussed doing a solo seniors or/and solo grandparents program. Other ideas considered.

**Transportation:** a survey at SPHS re transportation needs was discussed. The survey item re identifying desires/ needs got the most survey votes.

**Misc.** : checking smoke and CO detectors got the most votes on the survey

Chad is going to look at results of survey and meeting discussion and move discussion to more specific conclusions in terms of actual further actions and some time frame for them.

Adjourned 7pm

Sue recording.